

Un Mission.

Our mission at ICE is to enrich the lives of the children and their families through the sport of competitive cheerleading. Our goal is to teach our athletes the value of commitment, hard work, integrity, leadership, self-confidence, positive attitude and a love for the sport. We strive to be the very best allstar program in the country. Each and every family is important to us. We invite you to come and see what it is like to be part of the best program in the Midwest!

We believe that every Cheerleader can be Successful, not just a few. We offer the highest quality and employ the most experienced cheerleading professionals in the Midwest. Quality you will find NOWHERE ELSE!!

At ICE, we firmly believe in the phrase: "I Can Excel!"

Please contact one of 4 convenient locations (below) for more information or to schedule a tryout.





Try Outs... TRY OUT FEES

Pre-registered Athlete with Completed try out packet turned in by May 17th: \$50 Athletes paying day of try outs: \$75 Flyer Try out: \$25 (MUST ATTEND ONE FLYER TRYOUT CLINIC & RECEIVE AN INVITATION TO ATTEND THE FLYER TRYOUT.) Private Try out: \$150 Video Try out: \$150

TRY OUT CHECK LIST

We look forward to working with you at an upcoming try out. Be sure to arrive with these items already completed or turned in by May 17th to receive a discounted try out fee:

- Try Out Form
- Member Form and Wavier
- Financial Agreement
- Payment Authorization Form
- Try Out Fee (if not preregistered online)
- Picture from 2017-2018 Season (preferably a head shot) (does not need to be professional-for office use only)
- All outstanding debts must be paid in full prior to trying out in our gym.
- IMPORTANT: Please be sure to double—check all of your information. Contact information needs to be legible and written in blue or black ink. All paperwork and monies are due the first day of tryouts.





LEVELS

There are 5 levels (for regular teams) this season. The "level" refers to the type of stunts, pyramids, and tumbling that the team can safely perform. They are numbered from 1 to 5, in increasing difficulty. The level is determined solely by the coaching staff. Level apporpriate skill lists are posted in the gym and can be provided if interested in understanding what skills are needed for each level.

PLACEMENT/EVALUATIONS



Never cheered before? No worries, we love to train from a clean background. It's best to learn the ICE way from the ground up. When you cheer with us, you hire our award—winning coaching staff to teach you all that you need to know to be a successful and competitive all star cheerleader.

Our team placement sessions are basically low-stress workouts. During the workouts, we allow our athletes to show skills they have already developed and look for their potential to learn new skills. Athletes are generally given multiple opportunities to show skills over multiple days. Try outs will be closed to parents as we find athletes are less stressed than when having a parent watch.

After the final session of placements, the staff will assemble rosters for the upcoming season. We work to select teams that each have the best possible chance of a successful competition season. There may be athletes on any given team that at a different level than the rest of their teammates. We try to match up athletes by level as best we can, but please remember that stunting, pyramids, jumps, dance, motions, and age are huge factors as well. Some will be stronger tumblers than others. Some will contribute more with stunts than others. We choose our teams based on the positions that we need to fill for each team (bases, flyers, tumblers, ect.) Every athlete is on the team for a reason– please trust the staff.

WEATHER REPORT TEAM PLACEMENT MEETING TUESDAY, MAY 29 AT 6:30PM

Teams will be revealed at the gym on Tuesday, May 29th during our first ever Weather Report. Athletes will be handed envelopes containing an invitation to the team/teams they have been selected to join. There will be a brief meeting with staff prior to naming teams and invitations will be opened together as a program. After teams are announced, any athlete or parent with questions on placements are invited to address any concerns that evening. If you or your athlete cannot attend that meeting, please be advised that envelopes can be picked up the following days at the gym when your schedule allows. We will not hand those invitations out to anyone other than a parent or athlete.

Practices will begin on May 30th & 31 st (depending on which weekday your team meets.) Parents are invited to meet the coaches on June 4th, 2018 & June 5th, 2018. That first meeting is a great time to ask questions and just get to meet your child/children's coach.

Please note, try out placements are not finalized until August. Athletes who do not keep skills performed at try outs may be moved to a different team in August. Those who show marked improvement may be moved up a level. We do our best to place our athletes on correct teams at try outs but, skills must be maintained in order to stay on teams

If you are having difficulty making it to a try out, you may also arrange to have a private evaluation. These are typically either I-on-I or in a small group session with a staff member. There is a fairly substantial additional charge for doing your evaluation outside of the regular sessions. It will benefit your athlete to attend the regularly scheduled try out dates if possible. The staff is limited on what they can evaluate when a single athlete comes in to try out.

- Coaching Staff evaluates based on the following criteria during evaluations:
- Tumbling Difficulty
- Tumbling Execution
- Athleticism
- Willingness to accept instruction
- 🗲 Stunting Position (flyer, base, backspot)
- 🗲 Jump Technique
- Overall attitude and attendance from the past season, if applicable

FLYER TRYOUT

In order to attend a flyer tryout, athletes must receive an invitation from staff during a flyer try out clinic. No flyer is allowed to attend a flyer try out without being asked to attend by a staff member. All athletes receiving an invitation are welcome to attend so that staff has the opportunity to evaluate flyers in a more one on one setting. During this specific try out, we will only be evaluating flexibility, and flyer technique and will not be checking other skills needed to make a determination of where the athlete should be placed. Attending this additional try out does not guarantee someone will be a flyer for the season. This additional try out simply gives staff accurate time to evaluate athletes who would like to be considered as flyers for the upcoming 2018–2019 season. It also allows us to spend additional time with flyers to accurately give them time to show flying skills they may not have had time to show during our normal try out process.





COST/TUITION

Before you consider this, or any program, please consider the financial commitment involved. We are as open and up—front with our costs as possible. We have comprehensive monthly pricing that covers most of the expenses throughout the year. There are 11 monthly charges from June 2018– April 2019. (Tuition June– April will be due on the 1st of each month). This price covers tuition, competition fees, choreography/music and does not fluctuate from month–to–month. Rather then raising and lowering tuition based on the number of practices or events (or other factors), this cost averaging system makes financial planning much easier for our customers. Athletes who join a team after the initial practices will have to pay a significant portion of their missed tuition in order to " catch up" on some of the items that are spread out over the entire season. Cost may vary depending on Team and commitment level. Some teams will stay locally, while others will compete farther away.



TEAMS WE OFFER

Exhibition Team:

Practice I day per week for I hour. Perform at 3 local performances during the year. \$100/monthly Uniform cost: \$35 program t—shirt & a bow.

Parents have the choice to attend performances. Athletes are encouraged to attend as many practices as possible but, attendance is not mandatory for this team. If athletes would like to participate in the local performances, attendance would be mandatory (2 weeks prior to the event). This team will form in January and will run until April 2019.

Tiny Team:

Practice 2 days per week for 1 hour each practice. Perform at ICE Showcase, 3 local exhibitions. \$120/monthly Uniform cost: \$275 for Uniform and Bow (2 Seasons)

Prep Team / Limited Travel:

Performs at the ICE Showcase and competes at 4 local competitions throughout the season in the prep team category. Practices 2 hours, 2 times a week with no weekend practices times.

\$ 195/monthly Uniform Cost: \$275 for Uniform & Bow (2 Seasons) Individual Uniform Pricing: \$30 Bow \$160 Women's Top

\$85 Women's Skirt

Full Season Travel Team:

Summer: 2–2 hour practices per week Fall/Winter/Spring: 2–3 hour practices per week (I may be a weekend practice) \$340.00/monthly *Males Tuition Rate is \$185/monthly

Worlds Teams:

Summer: 2 – 3 hour practices per week. (1 will be a weekend practice) Fall/Winter/Spring: 3–3 hour practices per week. (1 will be a weekend practice) *Worlds Team Athletes: \$355/monthly tuition *Males Tuition Rate is \$185/monthly









Payment Schedule

Due Date	Monthly Tuition Fee	Additional Madatory Fees
June Ist	\$340/\$355	Camp ICE Fee Due/Uniform Due
July Ist	\$340/\$355	Apparel Package Due
August Ist	\$340/\$355	
September I st	\$340/\$355	\$30 USASF Fee
October I st	\$340/\$355	
November I st	\$340/\$355	
December I st	\$340/\$355	
January I st	\$340/\$355	
Febuary I st	\$340/\$355	
MarchIst	\$340/\$355	
Aprillst	\$340/\$355	Summit/World's Coaches Fee

*Worlds Team Athletes: \$355/monthly tuition *Males tuition rate is \$185.00/monthly

DISCOUNTS

10% DISCOUNT PAY IN FULL. (MUST BE CASH OR CHECK PAYMENT BY JUNE 15TH) SIBLING: 25% OFF SECOND TUITION (DISCOUNT APPLIED TO LOWER TUITION RATE) **Stop by front desk for pay in full rate**

Apparel Package (mandatory): Female: \$325 Includes: I Practice wear set I Practice wear tank I Practice bow I Competition bow I ICE Backpack I Pair of ICE shoes

Apparel Package (mandatory): Males: \$275 Includes: | Practice wear set | Practice wear tank | ICE Backpack | Pair of ICE shoes

Full Season Uniform Pricing: \$400 Male/Female (2 Seasons) \$295 Women's Top \$105 Women's Top \$43 Crossover Piece (Youth/JR) \$300 Men's Top

Optional Cost:

Warm Up Set– \$200

Crossover fees are determinded per competition company attended. No additional tuition will be due but additional competition crossover fees will need to be paid prior to the event.

Summit/Worlds–Fees: Vary depending on the type of bid received. Tuition does not include these fees, and an additional coaches fee of \$25 for paid bids and \$100 for at large/wild card bids will be charged April 1st. ATHLETES/PARENTS will be REQUIRED to stay at the team hotel for a minimum of 2 nights according to the type of bid recieved and days athletes compete.

Stay to Play Hotels: If an event is noted as a stay to play event, you must stay in the hotel provided per competition company. Reservation numbers will be REQUIRED and turned in to the gym which will then be forwarded on to competition company.

HOLIDAYS & BREAKS

ICE is a 12 month program. We will begin meeting and practicing in May and continue through the end of April. Athletes are expected to attend all competitions as a team. We realize many children and young adults are involved in a variety of activites: however, we cannot make exceptions for schedule conflicts. We expect top priority and 100% commitment and attendance. Please keep in mind there are only 6 excused absences allowed per season for full season teams and 10 excused absences for prep teams. Excused and Unexcused absences are defined under the team and athlete policies section. Please refer to those when joining our program.

The following dates are available for holidays and vacations throughout the 2018–2019 Season:

🏶 Memorial Day: May 26th— 28th
🟶 4th of July: July 4th & 5th
Labor Day: September 1 st-3rd
* Thanksgiving: November 2 st-25th
Christmas, Hanukah & New Year: December 21st – January 1st (Practices / classes resume January 2nd)
🏶 Spring Break: March 29th—April 5th (Indiana Location)
March 25th—April 1 st (Illinois Location)
🏶 Easter: April 21 st

Other Important Dates:

- Camp ICE: July 5th–7th Held in Michigan. (Mandatory for all Junior/Senior Teams and Optional for Youth & Prep Teams.)
 Choreography Camp Dates for Full Season Teams:
 - July 16th: 9 am 4pm (Level 1 & Level 2)
 - July 17th: 9 am 4pm (Level 3 & Level 4)
 - July 21 st: 10 am 5pm (Level 5 Athletes)
- * Fitting Dates: June 25th & 26th
- * Showcase Date: October 28th, 2018. Held at Purdue University.



Parent/Athlete Program Policies

★ Do not make assumptions, Always ask.

Attitude is everything. If an athlete has a foul attitude, we will place him/her to a non-competitive program, such as a class, until improvements are made. Until then, a replacement will be put in position. turned off once practice starts. Do not call or text the staff unless it is an emergency. The

staff needs to have

their personal time

respecting this rule.

away from work.

Thank you in

advance for

★All cell phones & pagers must be turned off once practice starts.
belongings must be stored in the cubbies, not thrown on the floor.

All clothing &

After your child is

practice, they are

no longer under the

supervision of ICE.

Please be prompt

when picking your

practice as we can't

have other practices

being distracted by

unattended children.

children up from

released from

Don't bring items of value to the gym. (iPod, Jewelry, iPhones, ect.) ICE is not responsible for lost or stolen items.

You cannot create or sell your own ICE apparel. Our name and LOGO are copyrighted. All ideas for apparel must be emailed and approved by Management. This includes using team names on designs. No one is allowed to yell onto the floor or make contact through the viewing room window.

Punctuality is a MUST. Arrive 10 minutes early to all practices, competitions, and functions. If you are late or dressed incorrectly, you will condition or jump after practice.

The only people allowed in the gym are staff members & athletes that are on the Team Rosters, Parents, friends, relatives & siblings must remain in the viewing room. Siblings of athletes can't come inside the gym and watch practice unattended. An adult in the viewing room must supervise them. We can't babysit.

Absences must be cleared & approved by the Head Coach. Do not gossip about other teams, parents, other gyms or kids. Again, if you have any questions, ASK, rather than listen to non—sense or engage in irresponsible conduct. Always be an example of good sportsmanship, positive conduct, & professionalism at all competitions & practices. No profanity or rude language.

It is the parent's responsibility to stay informed. Check your email and website regularly. If you aren't recieving emails, contact the Gym Director ASAP. Feel free to talk to your coach about anything. We want to make sure the line of communication is open. However, there is an appropriate time. Please contact the coach to make an appointment.

Anyone threatening to quit will be asked to leave immediately. No refunds will be given. Coaches & Directors reserve the right to close practices at any time.

Don't post negative comments, routines or music on message boards, YouTube, or any website. Withholding your child from practice can't be used as a form of discipline. This is unfair to the rest of the team. Your opinion regarding practice & routine construction does not count. The staff makes all of the decisions. Practice schedules can change, & any changes will be communicated to parents. We will add practices before a competition when needed. Remove all piercings before practice, This is non-negotiable as it is a safety issue! No food or drinks other than bottled drinks are allowed in the gym.

If you have questions, please use the following chain of command: Team Rep > Gym Director / Front Desk >Head Coach > Owner.

Copyright Notice: You cannot sell or create your own ICE clothing. This includes team names and any other likeness to the logo, affiliation and/or program. Parents/Athletes/Staff wishing to enter a contest, while wearing the ICE uniform, or representing ICE in any media, must first receive permission from the owner.

Parent Policies COMMUNICATION

As a parent, you will receive information in several ways such as emails from your coach or Team Rep. You can also check www.icecheer.com for new updates about each location as well. Please also follow us on all social media outlets to stay up to date on all information.

FEES

- A schedule of payments is listed in this handbook. All monthly fees are due on the 1st of the month. Auto-pay, tuition will be run on the 1st of the month.
- Please make checks payable to ICE.
- Any returned checks will be subjected to a \$25 returned check fee. If a second check is returned, no checks will be accepted for any reason for the remainder of the season.
- A late fee of \$15 will be assessed for all payments made after the 5th. All other fees are due on the exact due date. You may pay by cash, check, credit card or money order.
- ★ Monthly Tuition cannot be pro-rated for any reason and is non-refundable.
- By the 15th of each month, your account must be up to date. Otherwise, the athlete will be moved to an alternate position or asked to sit out during practice.
- A current Credit Card must be kept on file so that tuition payments can be processed on the 1st of the month. Written notice must be given if quitting the program. No refunds will be given for any reason.

FUNDRAISING

★ ICE Booster Club is run separately from ICE. All fundraising and booster club questions should be directed to the boosters.iceindy@gmail.com. The Booster Club's purpose is to help those interested in fundraising to help offset yearly cheer expenses. ALL fundraising must be done through our ICE Booster Club. Your fundraising profits will be directly posted to your booster account and you can decide how/when funds are dispersed. This does involve extra work outside of cheer however, we have seen people pay for their whole year through fundraising! Any SURPLUS of credits from FUNDRAISERS will be applied towards ICE All Star Classes, Teams and Merchandise. There is a \$25/year family fee in order to participate in the booster club. That must be paid prior to any fundraising or your first fundraiser, that fee will be deducted automatically.

PRACTICES

There is a viewing area designated for all parents/friends. Parents/friends are asked to stay in that designated area and not come into the training area. We want your child to get the most out of every practice. In order for this to happen, we need their full attention. If there are distractions, the whole team is affected and may also become a safety issue. Coaches may close practices at any time for any reason.

If a parent or anyone is observed speaking negatively about a team, coach, parent or cheerleader, he/she will be talked to and/or asked to leave. If this kind of behavior continues to be an issue, the child will have to be removed from the team.

PRACTICES

We will not tolerate this type of conduct. If a parent verbally assaults or threatens a student, coach or parent, the family will be dismissed from the program.

TRANSPORTATION

★ All transportation / accommodations to local competitions are solely the responsibility of each family. We will make every effort to provide information in a timely manner. However, if a competition is canceled or rescheduled, ICE All Stars will not be responsible for reimbursement for any reason.

PARENTAL SUPPORT

- ★ Your dedication and support are just as important to us as it is to your child!
- ★ We encourage all parents to sit together and support all ICE teams. Parents are also encouraged to show support by wearing ICE clothing to competitions.
- Showing respect for the coaching staff, other teams and hosting organizations is expected, as you are there representing ICE All Stars and your child.

Team & Athlete Policies

ABSENCES

Attendance is crucial to team success. An absence must be documented in writing to your child's coach prior to missing.
 No practice can be missed two weeks prior to any competition.
 If you do not comply with this rule, and with the discretion of the coach, your athlete will be at risk of being pulled from the routine for the upcoming competition.

EXCUSED ABSENCES

- ★ Contagious illness
- ★ School function that affects grade
- **Family emergencies**
- 🖈 Vacation during the summer

UNEXCUSED ABSENCES

- 🕈 School dance
- Traffic
- Too much homework
- Feeling tired
- Don't have a ride
- Tardies DON'T BE LATE, please.

VACATIONS

★ Vacations are not permitted during competition season unless the gym is closed and the athlete has already cleared it with their coaches. Please see your coaches with any vacations at any time. Also, any summer vacations must be in writing 2 weeks prior to the missed practice(s).

INJURIES

★ If an injury should occur, it is the responsibility of the parent to seek professional help. Each athlete must have his/her own medical insurance. After seeing a physician, please provide ICE All Stars with an evaluation of the athlete's injury/status. A release from a doctor is required before athlete can return to practice if a serious injury should occur.

TRAVEL/COMPETITIONS

Transportation to competitions is the responsibility of each team member and his/her family.

UNIFORMS & ATTIRE

Please keep all ICE All Star Clothing, warm ups, and Uniforms in good condition. Please report any lost or damaged uniforms items to your coach. The cost of replacement will be the responsibility of the cheerleader. Please wear ASSIGNED gear to practice. (No jeans or jean shorts..) NO jewelry to practice. ICE All Stars assumes NO responsibility for lost jewelry or any valuables.

TEAM PLACEMENT

All athletes are placed on a team at the discretion of the coaches. Age, experience & ability all factor into placement. Please understand that athletes may be repositioned, moved or replaced AT ANY TIME at the discretion of the coaches. Any changes are made to benefit the team as a whole.

PRACTICES

- ★ Parents are not allowed to come onto the floor for any reason. We have a designated viewing area for parents and other family members.
- ★ Practices may be closed at any time for any reason.

DISCIPLINE

- **t** If any of the above rules are compromised, the following actions will occur:
- ★ I st Violation: A me<mark>eting wi</mark>th the athlet<mark>e defining</mark> the problem.
- 2nd Violation: A meeting with the athlete & the parent(s).
- ★ 3rd Violation: The athlete may be removed from the team or the entire program.



Financial Agreement

parent of,

(Print Name of parent/legal guardian)

Ι.

(Print Name of team member)

Please read and initial next to each of the terms followed by your signature and date.

_I understand and agree that monthly tuition payments are due on the 1st of the month.

- _I understand that th<mark>ere are n</mark>o refunds or prorating of <mark>any fees for any</mark> reason.
- Additional practices may be added prior to large competitions. I understand there is no additional charge for additional practices.

Practices may be canceled due to holidays, competitions, or inclement weather, and no refunds will be given.

- To receive a payment in full discount of 10% off tuition, payment in full must be received by June 15th, 2018 in the form of cash or check ONLY.
- I understand that I am required to put a Debit/CC on file for tuition charges. If you would prefer to not include that information on this form, you can access your online account and save that information under the manage my payment options section.
- I understand that I am subject to a late fee charge of \$15.00 after the 5th of the designated month. Excessive tardiness in payments will be grounds for my child not competing, possible dismissal and my account being sent to a professional collections agency
- In the event that an athlete must resign from a team, by signing this contract; I am solely responsible for tuition fees and that all fees are non-refundable and non-transferable. I understand billing will not stop until written notice is received and that I am responsible for all fees until notice is given. If notice is not received prior to the I st of the month, that month's tuition will be due in full prior to leaving the program.
- _ICE reserves the right to remove athletes from the program if their financial obligation is not upheld. Athletes with past due balances that exceed 30 days may not partcipate in private lessons, classes, and/or team practices until the account is brought current. Past due balances that exceed 120 days will be sent to a third party collection agency for which charges will apply, and the parent will be solely responsible for the total amount.
- I understand that all travel fees are non-refundable and do not hold ICE responsible for any changes/additions to travel plans. ICE will provide travel days when releasing the competition schedule to help make travel expectations understood.
- I understand that my uniform WILL NOT be ordered until I pay in full. I also understand that my uniform is custom made and therefore cannot be canceled once ordered through the 3rd party vendor. I understand that if my athlete chooses to quit after my uniform has been ordered, ICE will contact me to pick up the uniform once it is in, but that ICE is not responsible for selling my uniform.

I understand and agree to the above financial policy.



Parent/Guardian Signature:

Payment Anthorization Form

Parent Informati	n	
Name:		
Address:		
City:	_State:ZIP:	
Phone:	Email:	

I understand that I am liable for and hereby authorize ICE to withdraw funds from my account for the purpose of any outstanding fees related to my account and that all fees are non-refundable. Failure to keep your account in good standing may result in your athlete being unable to practice, dismissal from ICE, and being sent to a collections agency.

ATHLETENAME	
VISA DISCOVER MASTERCARD	Account Number
Name On Credit Card	Expiration Date CVC Code
Billing Address, City, State, ZIP	
Signature of Cardholder Print Name of Parent / Legal Guardian	
Signature of Parent/ Legal Guardian	

Appearance Agreement

I hereby authorize ICE to publish photographs taken of my minor child or children listed below for use in ICE's print, online, and video-based marketing materials, as well as other ICE publications. I hereby release and hold harmless ICE from any reasonable expectation of privacy or confidentiality for myself or the minor child/children listed below associated with the images specified above. Further, I attest that I am a parent or legal guardian of the child or children listed below and that I have full authority to consent and authorize ICE to use their likeness, I further acknowledge that participation is voluntary and that neither I, the minor child, or minor children will receive financial compensation of any type associated with the taking or publication of these photographs or of said photos confers no rights of ownership or royalties, whatsoever.

I hereby release ICE, its contractors, its employees and any third parties involved in the creation or publication of ICE's publications, from liability for any claims by me or any third party in connection with my participation or the participation of the minor children listed below.

Parent Signature:

Parent Name (Printed):_

Date:

POLICIES AND EXPECTATIONS COMMITMENT

I have read and fully understand all codes, rules, and expectations in this try out packet. I understand that I am entering into this All–star program of my own free will. I understand what is expected of me as a parent and an All–star cheerleader. I will conduct myself in a sportsmanlike manner and uphold the standards that are expected of me as an ICE All–Star parent and cheerleader.

Parent Signature:	Date:	
Cheerleader Signature:	Date:	



Try Out Form (PLEASE ATTACH CURRENT PHOTO TO THIS FORM)

Name:
Date of Birth:
Email Address:
Email Address: Age as of August 31st, 2018
18–19 Grade:
School:
Have you cheered before? Yes No If so, where?
If you have cheered before what level team were you on?
Which team are you interested in joining?
FULL SEASON PREP SEASON EITHER
Which stunt position were you last season? (CIRCLE ALL THAT APPLY)
NONE FLYER MAIN BASE SIDE BASE BACKSPOT
What are your strengths?
What would be your best contribution as a team member?
What extra—curricular activities will be a higher priority to you than your all star team?
(For what would you potentially request an excused absence?)
Would you be willing to cross compete onto two teams for the 2018–2019 season?
(Cross over competition fees are approximately \$500 per season.)
YesNo
Would you be willing to attend The Summit or Worlds if your child's team receives a bid
for the 2018–2019 season? (Extra fees of \$25/athlete or \$100/athlete, depending on
the type of bid will be needed in order to cover the cost for these competitions.)

__Yes __No

ICE All-Stars Member Form & Waiver

PARTICIPANT AGREEMENT, RELEASE AND ASSUMPTION OF RISK

In consideration of the services of ICE, its owners, agents, officers, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "ICE") I, hereby agree to release, discharge, and hold harmless, on behalf of myself, my children, my parents, my heirs, assigns personal representative and estate as follows:

I. I understand and acknowledge that the activites that I or my child engage in while on the premises or under the auspices of ICE pose known and unknown risks which could result in injury, paralysis, death, emotional distress, or damage to me, my child, my property, or to third parties. The following describes some but, not all, of those risks: Cheerleading and gymnastics, including performances of stunts and use of trampolines, entail certain risks that simply cannot be eliminated without jeopardizing the essential qualities of the activity. Without a certain degree of risk, cheerleading students would not improve their skills and the enjoyment of the sport would be diminished. Cheerleading and gymnastics expose participants to the usual risk of cuts and bruises and other more serious risks as well. Participants often fall, sprain or break wrists or ankles, and can suffer more serious injuries. Traveling to and from shows, meets, and exhibitions, raises the possibilities of any manner or transportation accidents. In any event, if you or your child is injured, medical assistance may be required which you must pay for yourself.

2. I expressly agree and promise to accept and assume all of the risks, known and unknown, connected with ICErelated activities, including but not limited to performance of stunts and use of trampolines. My participation and that of my child is purely voluntary. No one has forced or coerced me or my child to participate. I elect for myself and my children to participate in such activites in spite of the risks.

3. I hereby voluntarily release, forever discharge, and agree to hold harmless and indemnify ICE from any and all liability, claims, demands, actions or rights of action, which are related to, arise out of, or are in any way connected with my child's participation in ICE – related activites.

4.Should ICE be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and reimburse them for such fees and costs.

5.I certify that my child has health, accident and liability insurance to cover bodily injury or property damage that may be caused or suffered while participating in this event or activity, or else I agree to bear the cost of such injury or damage to my child. I further certify that I am willing to assume and bear the cost of all risks that may arise or be created, directly or indirectly, through or by any such condition.

6.In the event that I file lawsuit against ICE, I agree to do so solely in the State of Indiana / Illinois and I further agree that the substantive and procedural laws in that state shall apply in any such action without regard to the conflict of laws rules thereof. I agree that if any portion of this agreement is found void or unenforceable, the remaining portions shall remain in full force and effect.

ZBy signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation or the participation of any of my children in this activity, I may be found by court of law to have waived my right to maintain a lawsuit against ICE on the basis of any claim from which I have released ICE by signing this Agreement.

I have had sufficient opportunity to read this entire document. I have read it and understand it. I agree to be bound by its terms.

Signature of Participant or Parent: _

Print Name:

Date:

(Must be completed for participants under the age of 18)

In consideration of

(print minor's name)("Minor")

being permitted by ICE to participate in its activites and to use its equipment and facilities, I further agree to indemnify and hold ICE from any and all claims which are brought by, or on behalf of Minor and which are in any way connected with such use or participation by Minor.

Parent/Guardian:_ Print Name:

Date:__